

TWO WOMEN TESTIFY

What Lydia E. Pinkham's Vegetable Compound Did For Their Health—Their own Statements Follow.

New Moorefield, Ohio.—"I take great pleasure in thanking you for what your



Vegetable Compound has done for me. I had bearing down pains, was dizzy and weak, had pains in lower back and could not be upon my feet long enough to get a meal. As long as I laid on my back I would feel better, but when I would get up those bearing

down pains would come back, and the doctor said I had female trouble. Lydia E. Pinkham's Vegetable Compound was the only medicine that helped me and I have been growing stronger ever since I commenced to take it. I hope it will help other suffering women as it has me. You can use this letter."—Mrs. Cassie Lloyd, New Moorefield, Clark Co., Ohio.

Read What This Woman Says:

South Williamstown, Mass.—"Lydia E. Pinkham's Vegetable Compound certainly has done a great deal for me. Before taking it I suffered with backache and pains in my side. I was very irregular and I had a bad female weakness, especially after periods. I was always tired, so I thought I would try your medicine. After taking one bottle of Lydia E. Pinkham's Vegetable Compound I felt so much better that I got another and now I am a well woman. I wish more women would take your medicine. I have told my friends about it."—Mrs. Robert Colt, Box 45, South Williamstown, Mass.



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We want to show them to you. And
some new Libraries—good ones. We
want you to look at them.

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NOTICE

To The Ladies of Bennington
and Vicinity.

I have received new fashions and samples for
Spring and Summer.
Resecting prices, some and find out, as they
will surely be satisfactory. I make all kinds
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At Reasonable Prices.

Five of the best makers—Babcock,
Meyers, Brockwatts, Cortlandt Cart
and Carriage Co., and Milburn.
Any kind or any style.

DOMESTIC SCIENCE

Cooking and Serving Recommended
by Lillian Mason.

Rainbow Cake.

Yellow Part—One cupful sugar, one
cupful sour cream, yolks of four eggs,
one teaspoon soda, lemon extract to
taste, and flour enough to make a
batter. Beat eggs and sugar together,
add cream, soda, flour and ex-
tract last. Bake in layers.

White Part—Two cupfuls of sugar,
two of sour cream, two teaspoonfuls
soda, whites of six eggs beaten stiff.
Stir cream and sugar together, add
soda, flour to thicken and, lastly beat
in the whites of eggs. Divide this
batter and flavor the white part with
almond. Color the other half pink
with fruit coloring, and flavor with
rose or strawberry. Bake in layers,
and put the layers with colors alter-
nating, together with icing made as
follows:

White of one egg, beaten stiff, one-
half cupful of very cold sweet cream
beaten into the egg; stir thick with
powered sugar and flavor with lemon.
Decorate the top with candied
rose petals and violets.

Chicken Soup.

Boil a pair of chickens with great
care, skimming constantly and keep-
ing them covered with water. When
tender, take out the chicken and re-
move the bone. Put a large lump of
butter into a spider, dredge the chicken
meat with flour, and lay in the
hot pan; fry a nice brown, and keep
hot and dry. Take a pint of the
chicken water, and stir in two spoon-
fuls of curry powder, if liked, two of
butter and one of flour, one teaspoon-
ful of salt and a little cayenne; stir
until smooth, then mix it with the
broth in the pot. When well mixed,
simmer five minutes, then add the
browned chicken. Serve with rice.

Rye Muffins.

One cup rye flour, quarter cup sug-
ar, two teaspoonful baking-powder,
one cup white flour, one egg, one cup
milk, salt. Mix the dry ingredients
thoroughly. Beat the egg, add the
milk, and stir into the dry mixture.
Bake 25 minutes in hot gem-pans.—N.
I. Keefer.

Roast Lamb.

Buy a hindquarter with the kidney
left in and the veil of fat wrapped
around the meat. Rub well with salt
put in a baking pan with about a
pint of water and roast in a steady
oven, allowing 30 minutes to the
pound. When done serve with mint
sauce.

Veal Cutlets.

Season the cutlets with salt and
pepper, and dip in beaten egg, roll in
cracker crumbs and fry in plenty of
fat. Have the fat very hot at first,
and turn the veal almost immedi-
ately after putting it in, until both sides
are seared, then draw back to cook
slower, covered, until done.

Brown Bread Sandwiches.

Cut brown bread that has been
steamed in a round loaf into thin
slices. Butter the bread and spread
finely chopped cold boiled ham moist-
ened with mayonnaise dressing be-
tween the two slices and press to-
gether. Use minced tongue in the
same way.

Apple Citron Pie.

Line a pie plate with good crust
and fill with sliced pared apple.
Sprinkle a tablespoon of chopped cit-
ron over the top and cut a rounding
teaspoon of butter in bits over also.
Scatter over about one-third cup of
sugar, cover with a richer top crust
and bake.—Alice E. Whitaker.

Rhubarb (Mock-Mince) Pie

One cup chopped rhubarb, one cup
chopped raisins, juice of one lemon,
one egg, one cup sugar, tablespoonful
butter, spices to suit taste. This is
sufficient filling for two pies. Bake
with cover. Have pie crust very rich
and you will find this an improvement
over the ordinary rhubarb pie.

Brown Bread Sandwiches.

Have the brown bread steamed in
round baking powder tins and cut in
thin slices when cool. Spread with
grated mild cheese and lay between
each two slices a lettuce leaf dipped
in French dressing. Press the slices
together, cut across once, making
two sandwiches.

The graduating class of the Wood-
stock high school will make its trip
to Washington, D. C., following the
graduation exercises, expecting to
leave June 14. Graduation expenses
will be somewhat reduced by combin-
ing graduation and class day exer-
cises, omitting the usual reception given
from outside for the closing exer-
cises. The graduation fund earned by
the class now amounts to \$160 and a
play is to be given next month to
still further augment it.

Valentine Flood, formerly director
of athletics at Princeton university,
has been secured as golf professional
and general athletic trainer for the
Woodstock Country club from May 1,
1912. Valentine Flood's record as
general athletic trainer and all-around
athletic coach, is as follows: Late of
Princeton university, four years,
University Athletic club of New York
four years, Crescent Athletic club
four years, Princeton Preparatory
school one year, coach for Trenton
high school one season. Mr. Flood's
specialties in coaching are football,
baseball, track, basketball, tennis,
golf, boxing, handball and racquets.
He will make a tour of England,
France and Germany, playing golf
and tennis until May 1.

When you need a Pill

TAKE A

Brandreth's Pill

Entirely Vegetable.
For CONSTIPATION, BILIOUSNESS,
HEADACHE, DIZZINESS, INDIGESTION

Protect Yourself!

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RICH MILK, MALT GRAIN EXTRACT, IN POWDER

Not in any Milk Trust

Insist on "HORLICK'S"

Take a package home

A BIRD OF LIGHT.

The Arctic Tern Shuns the Night by
Flights From Pole to Pole.

It used to be thought that the golden
plover bore off the palm for length of
flight between summer and winter
homes, but an article in the National
Geographic Magazine awards that dis-
tinction to the arctic tern. This bird
breeds as far north as it can find any-
thing stable on which to construct its
nest. It has been found within seven
and a half degrees of the pole itself.
And that nest was found surrounded
by a wall of newly fallen snow, which
the mother bird had carefully scooped
out from round her chick.

The tern arrives in the far north
about June 15 and leaves again for the
south toward the last of August, when
the young are able to fly strongly. Two
or three months later the birds are to
be found skirting the edge of the anti-
arctic continent, 11,000 miles away.

What their track is over that vast
space no one yet knows. A few indi-
viduals are occasionally seen along the
New England or Long Island coast
in the fall, but the flocks of thousands
and thousands of these gregarious birds
which alternate from pole to pole have
never been met by any trained obser-
ver competent to learn their preferred
path and their time schedule. They
must travel at least 150 miles each
day—part from their flights in search
or in pursuit of food—to carry them
within ten or twelve weeks from one
end of the world to the other.

The arctic terns enjoy more hours of
sunlight than any other creatures
on the globe. The sun never sets dur-
ing their stay at their northern nest-
ing grounds, and during their stay in
the south they have two months of
continuous sunlight and practical day-
light for two months more. The birds
have twenty-four hours of daylight for
between six and eight months of the
year.

FORESAW HER DOOM.

Warnings of Her Tragic Fate That
Came to Empress Elizabeth.

In "My Royal Clients" M. Paoli, the
famous French detective, writing of
the unfortunate Empress Elizabeth of
Austria, who was so foully murdered
in Geneva in 1898, says that two
strange incidents incline one to the
belief that the empress received a pre-
sentiment of her tragic end.

"On the eve of her departure for
Geneva she asked Mr. Barker to read
her a few chapters of a book by Mar-
ion Crawford, entitled 'Corleone,' in
which the author describes the detest-
able customs of the Sicilian Mafia.
While the empress was listening to
the harrowing story a raven, attracted
by the scent of some fruit which she
was eating, came and circled round
her. Greatly impressed, she tried to
drive it off, but in vain, for it con-
stantly returned, filling the echoes with
its mournful croakings. Then she rap-
idly walked away, for she knew that
ravens are harbingers of death when
their ill-omened wings persist in flap-
ping round a living person.

"Again, a lady in waiting told me
that on the morning of that day she
went into the empress' room, as usual,
to ask how she had slept and found
her imperial mistress looking pale and
sad.

"I have had a strange experience,"
said Elizabeth. 'I was awakened in
the middle of the night by the bright
moonbeams which filled my room, for
the servants had forgotten to draw the
blinds. I could see the moon from my
bed, and it seemed to have the face
of a woman weeping. I don't know
if it is a presentiment, but I have an
idea I shall meet with misfortune.'"

And it was a few hours later that
Lynch killed her with a three cor-
nered file clumsily fitted to a wooden
handle.

Where the Cold Is Warm.

I have seen sunshine, oh, sunshine
as splendid as yours, among my be-
loved mountains in Switzerland! You
know what cold is and what warmth
is, but do you know what warm cold
is?

Did you ever live a whole winter
through glowing because the frost was
so warm? Do you know the wonders
of blue ice, pink snow and 40 degrees
of frost, while the men skate in pan-
amas and the girls with open parasols?

And the splendor of colors in the
morning sky; everything in the solar
spectrum—red, orange, yellow, green,
blue, indigo, violet; at each moment a
new combination. And then the sun
is up, and the intoxication of it all
makes you wonder if you ever lived
before.—Dr. Aked in Christian Herald.

EXCUSES.

Every wrongdoer has a ready
excuse; therefore it is better to re-
frain from excusing ourselves, even
with good reason. To forego excuses
is an element of strength.

POLITICS OF JUSTIN MCCARTHY

Human Kindness Won For Him
Where Others Failed

Though the best speaking to be
heard in the House of Commons is
provided to a disproportionate degree
by the Irish members, it has an od-
dy temperamental quality that re-
flects the idiosyncrasies of the speak-
er rather than the policies of the
group to which he is supposed to be-
long. Factions have always abounded
in the Irish Parliamentary party,
because of this general declination
to surrender individuality and Par-
nell alone could weld them and drive
them. The late Justin McCarthy was
perhaps the only man besides Parnell
who was acceptable to them all and
he won that distinction, not by his
power to command, but by his gift
of human kindness. It was inevita-
ble therefore, that when Parnell was
deposed, Mr. McCarthy, who had
been elected to Parliament in 1879 as
one of the little coterie of Parnell's
seven supporters and had become
vice chairman, should be chosen to
lead in Parnell's place. That he
proved an inefficient leader is to be
attributed as much to his surround-
ings and his followers as to his own
easy-going disposition.

Curious anomalies abound in the
man's political history. As the lead-
er-writer for the Daily News he pro-
vided the gospel by which Liberals
guided their footsteps, while as a
Liberal and Home-Ruler—the con-
junction being significant—he was
abetting in the House attacks upon
Mr. Gladstone's best beloved meas-
ures. The only speech of his that
students of Parliamentary oratory
agree to pronounce a great effort was
that in defence of Parnell, yet, when
the majority of the party agreed to
reject Parnell, Mr. McCarthy accept-
ed the chairmanship in his place—
being rewarded by Parnell with the
observation that he, McCarthy, was
"a nice old gentleman to adorn a
tea-party." Of course Mr. Gladstone
had by this time "come over" to
Home Rule, and one of his motives
for destroying Parnell was unwilling-
ness to brook a rival near his throne,
but for five years the Irish party,
or the bulk of it, trailed along after Mr.
Gladstone and got no thanks for it.
In 1895 however, Mr. McCarthy planned
a coup d'etat and announced
that he and his would assist the con-
servative scheme of denominational
education. Had the policy thus in-
dicated been framed and maintained
years earlier—the willingness to
trade a quid for a quo—the course of
Home Rule would have been immeasur-
ably advanced. But the flash of
insight came too late, and Mr. Mc-
Carthy's pronouncement was delayed
until some of his strongest support-
ers had committed themselves in op-
position. He retired from the leader-
ship in the following January, after
having thus established another fac-
tion, and in 1900 he terminated his
parliamentary career.

In short, McCarthy as a politician
was not successful, because the gifts
that fit a man to adorn literature are
diametrically opposed to the arts of
the politician. He would not con-
sent, if he knew it, to be fog an issue
or bamboozle an audience, and he
was inherently so sincere that when
he tried to be diplomatic—the at-
tempt being utterly foreign to the
man's nature—he merely conveyed
the impression of duplicity. When he
came to oratory, he singularly lacked
the big bow-wow manner that always
impresses fools. And he could not
be a master at management because
a leader sometimes needs to exercise
brutality which was abhorrent to

Tired? Nervous? Go To Your Doctor

All run down, easily tired, thin, pale, nervous? And do not know
what to take? Then go direct to your doctor. Ask his opinion
of Ayer's non-alcoholic Sarsaparilla. No alcohol, no stimulation.
A blood purifier, a nerve tonic, a strong alternative, an aid to
digestion. Let your doctor decide.

him. As a man in the ranks he would
have been a sobering and steady in-
fluence. And it is important to re-
member that, even as a leader, dis-
playing a remarkable fallibility, he
did indirectly serve the cause he
cherished by winning the generous
regard of men of all parties, who,
when bitterness was at its height,
found their passions insensibly mod-
ified by the fact that this good man
was their friend.

We dislike, therefore, to think of
Mr. McCarthy as a member of Par-
liament, much less as a leader. We
delight to recall his achievements as
a literary man and to dwell upon the
charm of his companionship. His
novels were the bulk of his offending
in the former character. His bio-
ographies were accurate, illuminative
and models of taste, and his "History
of Our Own Times" is one of the few
books that must survive, because of
its fair judgments, its penetrative
analyses, the depth of its perspective
and the charm of its style. These
things, we are persuaded, will stand,
and so, especially here in Boston,
where Mr. McCarthy was known and
well beloved—he was one of the very
few men ever elected by the Papyrus
club to honorary membership—will
the memory of his at-homeness, if
one may so speak, in the house of
his friends. Always unpretentious,
and sometimes a trifle shy, he reveal-
ed in congenial associations the
wealth of his experience and the
treasures of his fancy, and, whether
he spoke to one or a score, dominated
the talk in spite of himself. He
served Ireland faithfully and accord-
ing to his best intention. But no
paltry prejudice withheld his ap-
preciation of men "of his kind" in any
race, and there are such men every-
where who will feel his departure as
a personal loss.—Boston Transcript.

IT'S YOUR KIDNEYS

Don't Mistake the Cause of Your
Troubles

Many people never suspect their
kidneys. If suffering from a lame,
weak or aching back they think that
it is only a muscular weakness; when
urinary trouble sets in they think it
will soon correct itself. And so it is
with all the other symptoms of kid-
ney disorders. That is just where
the danger lies. You must cure these
troubles or they may lead to dropsy
or Bright's disease. The best endor-
sed remedy for weak or diseased kid-
neys is Doan's Kidney Pills. Resi-
dents of this vicinity are constantly
testifying.

Fred Thompson, farmer, of North
Bennington, Vt., says: "For some
time my back was lame and ached
severely and I was hardly able to bend
or stoop. Doan's Kidney Pills were
finally brought to my attention and I
began their use. They made me feel
better in every way. I do not hesi-
tate to recommend this remedy."

For sale by all dealers. Price 50
cents. Foster-Milburn Co., Buffalo,
New York, sole agents for the United
States.

Remember the name—Doan's—and
take no other

RUTLAND SUPERINTENDENT

George L. R. French, Formerly of the
Boston and Maine.

Springfield, Mass., April 26.—The
many friends of George L. R. French,
formerly assistant superintendent of
the Connecticut and Passumpsic divi-
sion of the Boston and Maine railroad
with headquarters in this city, will
be glad to learn that he was recently
appointed general superintendent of
the Rutland railroad. He will take
up the duties of his new position
May 1. Mr. French served as assis-
tant superintendent of the Connecti-
cut and Passumpsic division for a
number of years, leaving this city in
the fall of 1907 to become superin-
tendent of the Terminal division of the
Boston and Maine at Boston. While
in this city he made a large number
of friends. He was very popular
among railroad men.

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is so harmless we
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Accept no counter-
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Soyre said to a
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ty of the hand-
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will use them.
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(All in-between widths at proportionate prices)

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trimmings for coat collars and cuffs, in
white or cream—2 inches deep,
special at, yd. 39c

7 inches deep, special
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BANDS, so nearly resembling the real
that it is difficult to distinguish between
them. Three invincible values (in white
an cream only.)

4 1/2 in. wide, special 25c

at, yd. 39c

8 1/2 in. wide, special 45c

at, yd. 45c

12 in. wide, special 25c

at, yd. 25c

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fine mesh, in white or in flesh color, 36
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insertings to match, in abundant assort-
ments, all specially
priced (yard) 5c

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